

August²⁰₂₆



In the Garden

- **Vegetable Beds:** Harvest tomatoes, okra, peppers, and eggplant frequently to prolong production. Plant fall crops like broccoli, kale, and carrots for a second harvest.
- **Flowers & Shrubs:** Deadhead summer annuals (zinnias, cosmos) to extend bloom into fall. Cut coneflowers after bloom if you want tidy borders, or leave seed heads for birds.
- **General Care:** Begin dividing perennials like iris or daylilies if clumps are crowded. Prepare soil for fall planting by adding compost or mycorrhizal fungi to recharge beds.

The **Hummingbird** is August's jewel, wings whirring up to 80 beats per second. In folklore, they symbolize joy, endurance, and the sweetness of life. In truth, they are essential pollinators, drawn to tubular flowers like salvia, trumpet vine, and lantana. Their tireless feeding fuels them for long migrations — some fly nonstop across the Gulf of Mexico in autumn.

Plant late-summer nectar sources like cardinal flower, pineapple sage, and red salvia. These provide vital fuel for hummingbirds as they prepare for migration. A shallow water mister can also draw them in for bathing and cooling.

Full Moon – August 28, 2026 (Corn Moon & Partial Lunar Eclipse)

Also called the Barley Moon, this full moon signaled ripening fields and harvest readiness. It's a moon of plenty, honoring the turning point when summer crops reach fullness and Autumn whispers ahead.

August symbolism includes harvest, abundance, transformation, and reaping the rewards of hard work. The month is also associated with strength, confidence, passion, and inner fire from the peak summer sun.

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This image shows a blank sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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A whimsical illustration of a young girl with short, dark, messy hair, wearing a simple white dress and dark, patterned boots. She has large, translucent, veined wings on her back. She is sitting on a large, brown mushroom with a white stem, looking up at three daisies. The daisies have white petals and yellow centers. The background is plain white.

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